

2005 NVCCTFA ALL-REGION XC TEAMS

Boys 1st Team		Girls 1st Team	
Mike Spooner	West Springfield High School	Kayley Byrne	Oakton High School
Ermin Mujezinovic	Herndon High School	Erin Klein	Lake Braddock High School
Matt Kroetch	Oakton High School	Sarah Hadiji	Woodson High School
Brad Siragusa	Chantilly High School	Stephany Reaves	Thomas Jefferson High School
Brian Landry	Thomas Jefferson High School	Annie Hovland	Robinson High School
Abe Dagnachew	Herndon High School	Jessica Trapeni	Fairfax High School
James Phillips	Oakton High School	Elizabeth Heath	West Potomac High School
		Michelle Presley	Lake Braddock High School
Boys 2nd Team		Girls 2nd Team	
Josef Tessema	Lee High School	Alexis Deegan	Westfield High School
Paul Norland	Thomas Jefferson High School	Rebekah Berlin	Oakton High School
Chris Clark	Robinson High School	Nora Meehan	Oakton High School
Daniel Honey	Woodson High School	Jennifer Hovland	Robinson High School
Richard Prevost	Thomas Jefferson High School	Aaron Pastor	Woodson High School
Kris Benton	West Springfield High School	Tasia Potasinski	Westfield High School
Hersh Singh	Thomas Jefferson High School	Meredith Tighe	Oakton High School
Tommy Mason	Oakton High School		
Boys 3rd Team		Girls 3rd Team	
Frank Devar	West Potomac High School	Brittany Sevachko	Westfield High School
Jon Bernal	Oakton High School	Natalie Auble	Fairfax High School
Joe LoRusso	Oakton High School	Octavia Rinehardt	West Potomac High School
Nathan Jewkes	Centreville High School	Frances Dowd	Fairfax High School
Sam Stevens	West Potomac High School	Jordanna Henderson	Fairfax High School
Matt Giorgis	Herndon High School	Emily Hellmuth	Yorktown High School
Alex Martis	West Springfield High School	Sarah Weber	Washington-Lee High School
Kyle Grimsley	Thomas Jefferson High School		