

**NORTHERN REGION INDOOR TRACK & FIELD
2008- 2009 SCHEDULE**

Revised 10/1/08

DAY	DATE	TEAMS	SITE	TIME
Fri	Dec. 5	<u>Jefferson</u> -Langley-Marshall-W & L	TJMS	5:30 p.m.
		<u>McLean</u> -South Lakes-Woodson-Yorktown		
Sat	Dec. 6	<u>West Potomac</u> -Lee-Annandale- T.C. Williams	EHS	7:30 a.m.
		<u>West Springfield</u> -Lake Braddock-South County-Hayfield		
Fri	Dec. 12	<u>Centreville</u> -Chantilly-Fairfax-Herndon	TJMS	5:30 p.m.
		<u>Oakton</u> -Robinson-Wakefield-Yorktown		
Sat	Dec. 13	<u>T.C. Williams</u> -Westfield-Madison-West Springfield	EHS	7:30 a.m.
		<u>Edison</u> -Marshall-Falls Church-Mt. Vernon		
Fri	Dec. 19	<u>Robinson</u> -Annandale-W & L	TJMS	5:30 p.m.
		<u>Herndon</u> -Wakefield-South County-Stuart		
Sat	Dec. 20	<u>Langley</u> -Jefferson-Oakton-Centreville	EHS	7:30 a.m.
		<u>Fairfax</u> -Madison-McLean-T.C. Williams		
Fri	Jan. 2	<u>Woodson</u> -Mt. Vernon-West Potomac-W & L	TJMS	5:30 p.m.
		<u>Lake Braddock</u> -Lee-Edison-Yorktown		
Sat	Jan. 3	<u>Westfield</u> -Oakton-Fairfax-Centreville	EHS	7:30 a.m.
		<u>South Lakes</u> -Robinson-Herndon-Hayfield		
Fri	Jan. 9	<u>Chantilly</u> -Falls Church-West Springfield	TJMS	5:30 p.m.
		<u>Stuart</u> -Wakefield-Yorktown-O'Connell		
Sat	Jan. 10	<u>Langley</u> -Jefferson-Marshall-McLean	EHS	7:30 a.m.
		<u>Madison</u> -Woodson-T. C. Williams-W&L		

DAY	DATE	TEAMS	SITE	TIME
Fri	Jan. 16	<u>Wakefield</u> -Westfield-West Potomac-Yorktown	TJMS	5:30 p.m.
		<u>Lee</u> -Annandale-Oakton-Centreville		
Sat	Jan. 17	<u>Robinson</u> -Jefferson-Herndon-Fairfax-Chantilly	EHS	7:30 a.m.
		<u>Stuart</u> -Marshall-South Lakes-T. C. Williams		
Fri	Jan. 23	<u>Hayfield</u> -Lake Braddock-South Lakes-Langley	TJMS	5:30 p.m.
		<u>W & L</u> -Madison-Wakefield-South County		
Sat	Jan. 24	<u>McLean</u> -Falls Church-Woodson-Edison	EHS	7:30 a.m.
		<u>T.C. Williams</u> -Mt. Vernon-Westfield-Chantilly		
Fri	Jan. 30	<u>Yorktown</u> -Wakefield-W & L-O'Connell	TJMS	5:30 p.m.
		<u>Edison</u> -Falls Church-Mt. Vernon-Stuart		
Sat	Jan. 31	<u>Annandale</u> -Hayfield-Lake Braddock-Lee	EHS	7:30 a.m.
		<u>South County</u> -West Potomac-West Springfield-T. C. Williams		
T-F	1/29 & 1/30	<u>CONCORDE and LIBERTY DISTRICT Field Events & Running Trials</u>	PGC	TBA
Thu	Feb. 5	<u>CONCORDE and LIBERTY DISTRICT CHAMPIONSHIP - Running Finals</u>		
Tue	Feb. 3	<u>NATIONAL DISTRICT CHAMPIONSHIP - Field Events</u>	EHS	5:30 p.m.
Fri	Feb. 6	<u>NATIONAL DISTRICT CHAMPIONSHIP - Running Finals</u>	TJMS	5:30 p.m.
Wed	Feb. 4	<u>PATRIOT DISTRICT CHAMPIONSHIP - Field Events / 3200M Relay</u>	EHS	5:30 p.m.
Sat	Feb. 7	<u>PATRIOT DISTRICT CHAMPIONSHIP - Field & Running Finals</u>	EHS	7:30 a.m.
Sat	Feb. 21	<u>NORTHERN REGIONAL CHAMPIONSHIP</u>	GMU	8:00 a.m.
Fri Sat	Feb. 27 & 28	<u>VA. STATE AAA CHAMPIONSHIP</u>	TBD	TBD
** <u>THE UNDERLINED SCHOOL IS THE HOME TEAM</u> **				
NRITSCHED ***** 11/18/2008 9:55:56 PM				